

## **EMDR NZ Association Board Meeting at 11th March 2021 at 6.30pm**

**Attending:** Astrid Katur, Kay McKenzie, Roos Van der Wees, Patrice Bourke, Glenda Wallace, Nici Scott- Savage, Janine Van Blerk, Anne Woodside, Diane Clare.

### **Apologies:**

**Chair:** Anne Woodside

**Minutes:** Glenda Wallace

Minutes from the last board meeting 11th February 2021.

Minutes were agreed upon. Proposed by Anne and seconded by Kay.

### **Matters arising:**

- **Action:** Roos to update Indra on Child training once she has dates confirmed, completed
- **Action:** Secretary to send draft minutes to Indra, completed
- **Action:** Board member to ask clients if Astrid can discuss their concerns with prospective Accredited Practitioner, completed. Client given Astrid contact details and they have not contacted her to date, completed
- **Action:** Astrid to email Board with USA clinician's certification and Board to decide via email discussion before next meeting, completed
- **Action:** Astrid to talk with Sally and once the timeframe for changes to website has been agreed, the membership will be informed and each member can update their own information on the website, completed
- **Action:** Separate meeting of Conference organiser's group to be organised, completed
- **Action:** Hours towards Accredited Case Consultant (ACC) to start from the end of Accredited Practitioner (AP) process, can use clients working with under AP process if continue to work with them under ACC process.
- **Action:** Glenda to send condolences to Robbie Dunton from EMDRNZ Association following the death of AJ Popky, completed
- **Action:** Indra to email UK research invite to all members, completed

### **Agenda-**

#### **1. Finances**

- Bank balance is \$58,710.00
- Coding and payments are up to date
- Since the last EMDRNZ meeting (11 Feb 2021)

Incoming monies have been for membership

Outgoing monies have been:

- \$849.85 for Accounting
- \$1575 for administration services (January and February)
- \$65.55 for two domain name renewals

Proposed Kay Seconded by Glenda. Passed.

Discussion on use of funds- potential to fund research, scholarships, support clinicians in areas of short supply and/or Maori and Pacifica therapists and purchase training for all members.

**Action:** Glenda, Kay, Anne and Nici to be part of group to look at use of funds.

## 2. Applications:

**Accredited Practitioners.** Marna Dreckmeier-Meiring, Clinical Psychologist, meets all criteria as clinician. Astrid proposed and seconded by Glenda

**Action:** Astrid to inform Indra who will provide certificate

## 3. Eligibility to train in EMDR.

Diane presented a paper on reviewing the eligibility criteria to train in the NZ context. There appears to be some barriers/restrictions to some clinicians who do not wear certain 'professional badges'. With demand and supply in Aotearoa increasing there is a challenge for EMDRNZ, especially when ACC have accepted EMDR as a trauma therapy. Discussion including potential for pathway for those without Postgrad qualifications and how to incorporate Maori and Pacific Islands clinicians needs. Agreed a small group will look at issues and liaise with trainers. The Board thanked Diane for the work she has put into this paper.

**Action:** Nici, Diane and Kay to meet and collate questions on process, capacity and potential pathways, design and how to deliver. Once this has been established to liaise with trainers in Aotearoa and bring back to Board.

## 4. EMDRAA

Request from President of EMDRAA, currently based in Auckland, to connect with the Board and discuss how we can support each other. Discussion on meeting with EMDRAA, being mindful of any politics and history and moving forward with Aotearoa with our point of difference (Treaty of Waitangi)

**Action:** Anne to invite EMDRAA President and any of their Board members to a zoom meeting to develop a relationship.

## 5. Conference

Small group have met and sent an enquiry to Ad de Jongh regarding workshop for EMDR 2.0. Consideration has been made, due to time difference, this may require two morning sessions. Call for submissions to be sent out.

**Action:** Patrice and Anne to co-ordinate next steps

## 6. Training

Derek Farrell, UK, is offering to hold a 1day workshop for us on Case Conceptualisation. Board discussed and accepted the offer which may be a stand alone training or part of the Conference.

**Action:** Astrid to forward email from Derek Farrell to sub group

7. UK Emdr association not accepting any clinicians not trained by Emdr Europe accredited trainer. For next agenda.

8. A member requested we supply a letter stating they have not been the subject of any complaint or concerns in relation to EMDRNZ. Discussion and agreed this is not our role. Indra replied to this effect.

## 9. AOB

- a) **Revolving Chair**- Anne wished to discuss the idea of having a permanent Chair with a backup person. Glenda proposed Anne, seconded by Patrice. Diane offered to be back up until next AGM, seconded by Glenda. Agreed and passed by all the Board

- b) **Complaints Procedure.** Following on from the request for statement by EMDRNZ Association regarding evidence of no complaints raised in relationship to a clinician and the concerns raised about a potential Accredited Practitioner, the issue of a complaints procedure was raised. Discussion covered- we are not the professional body for each clinician, we have no role in policing practice of clinicians, we can offer advice to Professional bodies, Professional bodies manage CPD and if there is a complaint about the use of EMDR there may well be some concerns raised about the clinician's general practice.

**Action:** Indra to put the following statement up on the website. *'EMDRNZ Association does not have a complaints process, policy or policy as all members are required to belong to their relevant Professional bodies. Any complaints to be direct to the individual's Professional body.'*

Meeting closed at 8.01pm

Next meeting Thurs 8th April at 6.30pm

**Chair:** Anne Woodside

**Minutes:** Glenda Wallace